



Mon Health[®]
Medical Center
Foundation

 Vandalia Health

JULY 2021 – DECEMBER 2022
ANNUAL REPORT

At Mon Health,
Support Comes
In Many Ways

OUR MISSION

Mon Health exists to enhance the health of the communities we serve, one person at a time.



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ON THE COVER: Stormy is a trained Therapy Miniature Pony from Fairmont, W.Va.

Letter from our President & CEO



All funds you donate stay right here at Mon Health and invest in our services across North Central West Virginia.

Mon Health System hospitals, colleagues, and programs have continued to grow exponentially thanks to the support of our generous donors across the communities we serve.

We continue to share that philanthropy is “the margin of excellence” for we cannot purchase all the cutting-edge equipment, develop new forward-thinking programs, and grow access without the support of philanthropists far and wide. Every dollar counts.

Mon Health has grown stronger by merging with Charleston Area Medical Center (CAMC) Health System to form Vandalia Health on September 1, 2022 to ensure broader geographic access for patients across the state, enhance clinical and educational programs to continue to be the highest quality caregivers, and reduce costs to our patients for the medical care they need. All funds you donate stay right here at Mon Health and invest in our services across North Central West Virginia.

We have seen record gifts bestowed on our health system and just celebrated our largest and most financially successful Mon Health Medical Center Auxiliary Ball of the Year, on top of our most sought-after golf tournaments. We also will be debuting our state-of-the-art and philanthropically implemented mobile clinical education simulation center this coming spring to name a few groundbreaking donor-led ways to advance Mon Health.

Many thanks for your support and generosity. Without it, we would not be able to be the leading advanced community health system provider in West Virginia. You, our donors, are THE difference.

David Goldberg
President and CEO

Letter from our Executive Director



Your donations are investments – investments in Mon Health, your health, and the health of all those you love.

As we look back to see all the great things we’ve achieved together, we want to convey our appreciation for your generous support and invite you to continue to join us in exploring the possibilities ahead.

Because of you, we are continually improving the lives of our patients and colleagues through innovative programs, upgrades to our growing facilities, and specialized life-saving equipment.

As you read through these pages, you will quickly realize how you – our donors – have positively impacted the lives of so many over the last two years. Your donations are investments – investments in Mon Health, your health, and the health of all those you love.

Nearly 100 years ago, Mon Health also made an investment in our residents and YOU. Since its creation five decades ago,

the Foundation has been supporting the mission of enhancing the health of our communities we serve, one person at a time. Our top priorities are to provide you with the best care possible and improve lives in any way we can.

I would like to acknowledge and sincerely thank all our generous supporters who believe in our mission, patients, and staff. Every investment you make affects us now, and for generations to come. Your investments totaled an astounding \$4.2 million.

Sincerely,

Luella Gunter
Executive Director of Philanthropy



Revival

OF THE IN-PERSON BALL OF THE YEAR RAISES RECORD FUNDS FOR THE PROGRESSING THROUGH POSTPARTUM PROGRAM (P3)

The much anticipated 58th Annual Mon Health Medical Center Auxiliary Ball of the Year was held on November 5, 2022. After three cancellations and two venue changes due to the pandemic, we truly embodied our theme – Appalachian Revival! Our guests spent the evening at Waterfront Place Marriott dancing to local musicians, eating locally sourced cuisine, and supporting local businesses in North Central West Virginia.

More than 70 sponsors and 700 attendees came together for a record-breaking Ball, bringing in over \$600,000 to support the expansion of the beloved Progressing Through Postpartum Program (P3). The first of its kind in West Virginia, Mon Health’s P3 Team is dedicated to combating perinatal mood disorders for all moms by offering pre and postpartum support services to families.

Diversified Energy, co-founded and led by a born-and-raised West Virginian, generously donated \$75,000 from its Community Giving Program. This donation will start the Diversified Energy Fund – Healing

Families One at a Time to support P3 by breaking down financial barriers to much needed mental health therapy and support, including transportation, childcare and greatest needs.

“Diversified Energy is grateful to support the P3 Program and help mothers and families who may be experiencing barriers to receiving vital

mental health therapy,” said Hannah Hutson, Community Affairs Associate at Diversified Energy. “Through the Diversified Energy Fund – Healing Families One at a Time, we hope to make P3 more accessible to families across our region.”

If you or someone you know is struggling with perinatal mood disorders, such as depression and anxiety, please visit [MonHealth.com/OBGYN](https://www.monhealth.com/OBGYN). To donate and support the P3 Program, please contact Luella Gunter at 304-598-1889 or visit [MonHealth.com/DonatePMAD](https://www.monhealth.com/DonatePMAD).

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The MHMC Auxiliary Makes the Difference

IN SENIOR-FRIENDLY CARE

In October 2021, the MHMC Emergency Department received Bronze Accreditation from the American College of Emergency Physicians to introduce a Geriatric Emergency Department (GED). Through this program, new equipment, protocols, and procedures were implemented by the ED Team to work together for senior-friendly care. Adjustments are specifically designed to meet the unique needs of senior patients, including mobility aids, hearing assistance, visual aids, and safety features such as non-skid flooring and handrails throughout the rooms and hallways. The staff have been specially trained to assess senior patients more comprehensively and take steps to promote more positive

outcomes by creating a safer, more comfortable, and less intimidating environment.

The advancement to geriatric patient care was made possible by the Mon Health Medical Center Auxiliary, Berkshire Hathaway Energy GT&S, and private donations. The Auxiliary recognized how much impact this program would have on our seniors, who represent one of the largest populations seeking emergency care. Through their fundraising efforts, the Auxiliary helped make this program a reality with a \$350,000 gift. Berkshire Hathaway Energy GT&S, located in Bridgeport, W. Va, provided an additional \$5,000 through its charitable outreach

program, understanding the importance of comfort and care for the geriatric population in our community.

Specialized senior care will be expanding throughout the hospital to ensure the continuity of quality care for inpatient rooms. A generous donation of \$90,000 from the Hazel Ruby McQuain Charitable Trust is paving the way to enrich the experience of all geriatric patients who choose MHMC for their personal care.

Please contact Luella Gunter at 304-598-1889 to support the Geriatric Program and alleviate the stress of going to the hospital for the seniors in your life and throughout the community.

Regional Healthcare Foundation Supports the Healthcare Needs of Marion Residents

In 2021, Mon Health System celebrated expansion in our neighboring Marion County! Living out the Mon Health mission, the Marion community will have accessible, affordable and high-quality patient care through Mon Health Marion Neighborhood Hospital and our Medical Office Building at the Fairmont Technology Park offering Primary Care, Heart Care and other specialty services.

During the celebration, the MHMC Foundation was honored to receive a generous monetary gift of

\$200,000 from the Fairmont Regional Healthcare Foundation. This gift was designated specifically to support the needs of the community and continue to advance generational healthcare in Marion County. To further honor their legacy of leadership and responsibility towards sustaining quality and local healthcare access, the Family-Visitor Lounge at Marion Neighborhood Hospital was dedicated as The Regional Healthcare Family-Visitor Lounge. We are honored to be a part of the Fairmont family and to continue offering the best patient care across North Central West Virginia.



Breast Cancer Awareness by Crowella the ShriII

In October 2021, the Foundation participated in the 2nd Annual WV Botanic Garden Scarecrow Spectacular! This event provides an entertaining platform for local non-profit organizations to get creative and allow the community to learn more about their missions. Mon Health Medical Center's "Crowella the ShriII" informed the public about breast cancer screenings and early detection and discussed the benefits of our Wig Bank and Angel Fund to the community.

 [CLICK HERE FOR MORE](#)

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Pathways to Success (P2S) – A Solution to Breaking Down Workforce Barriers

MHMC HAS PARTNERED WITH LOCAL COMMUNITY ORGANIZATIONS AND HEALTHCARE PROVIDERS TO LAUNCH AN EXCITING NEW PROGRAM – MON PATHWAYS TO SUCCESS: BREAKING DOWN WORKFORCE BARRIERS.

Mon Pathways to Success (P2S) is helping counteract workforce barriers and empower systemic change in Monongalia County. This comprehensive six-month program aims to eliminate challenges for individuals living unsheltered or with housing barriers, living in recovery, or those with limitations to employment by offering entry-level positions at MHMC.

P2S supports the healthcare industry by providing individuals with sustainable jobs and workforce development. This builds positive economic change in distressed or at-risk communities and generates lasting change through empowerment and support.

Generously funded through the Hazel Ruby McQuain Charitable Trust, P2S welcomed its first cohort to MHMC in mid-March 2022. The individuals in the program fill roles in Housekeeping and Environmental Services, Guest and Customer Services, Registration, and Nutrition and Food Service, and have the ability to grow to other career paths. The program provides education and training, reliable transportation, healthcare benefits, daily meals, mentorship, monthly workshops, and career/educational growth for P2S employees. Upon graduation, each employee becomes eligible to apply for funding to further their education, help obtain housing, or to receive extra financial assistance through the MHMC Foundation. The first cohort graduated on October 4, 2022.

The P2S team continues to work with the new employees to create a sustainable path through a “hand-up, not a hand-out” approach. Looking forward, we have identified challenges to be addressed, based on what we have learned in this pilot program:

- Access to transportation has been a major hurdle as work and bus schedules may not coincide, gas prices continue to increase, and ridesharing can be unreliable.
- No access to a phone or computer can cause communication mix-ups or no-shows.
- Providing mental health support is vital for job stability.
- Little education or lack of computer skills can hinder the training process.
- Finding affordable childcare solutions after school and during the summer can be difficult.

A humbling sense of community and understanding from MHMC employees to provide a helping hand has been prevalent, enhancing a positive work environment.

Despite the challenges, the participants have made great strides in improving their quality of life. Four individuals have moved out of the shelter into sustainable living and a fifth individual was able to move into an apartment closer to work. Their

managers have widely praised their hard work, determination for career growth and dedication, which has been followed by opportunities for advancement within their departments.

The P2S team is learning and growing every day to empower these underserved populations, and there are many ways the community can help. MHMC has partnered with community referral organizations and adding more referral partners is critical to long term success.

If you are interested in supporting the P2S, or know someone who might benefit from this program, please reach out to Paulina Nottingham at nottinghamp@monhealthsys.org.

[CLICK HERE FOR MORE](#)



Patient & Visitor Safety a #1 Priority at MHMC

RIDE IN STYLE IN THE NEW MON "FREE RIDES ON GROUND" (F.R.O.G.), PROVIDING PATIENT TRANSPORTATION TO AND FROM YOUR VEHICLE ON THE MON HEALTH MEDICAL CENTER CAMPUS.

This four-person, bright green and custom-designed golf cart is easy to spot when visiting the hospital. The MHMC Auxiliary donated \$30,000 for the purchase of the Mon F.R.O.G. to extend our Mon Health patient-centered care, inside and outside the hospital walls. We are incredibly thankful to the MHMC Auxiliary for providing free transportation for our patients to receive vital healthcare services, meaning less time walking long distances, especially in inclement weather, and more time focusing on healing.

Don't forget to add the Mon F.R.O.G. to your contacts – 304-413-3352 – and/or call when you arrive on campus and our Guest Services team will pick you up!

[f CLICK HERE FOR MORE](#)



Tee Time!

The Foundation's golf classics are not only widely enjoyed and well-attended, but raise funds for high-quality patient experiences, assistance for those who need it most, the next generation of healthcare workers and more. Each year, two events are held at the Pete Dye Golf Course in Bridgeport, W. Va -- the Pikewood Media/WVRC Media Group Golf Classic in July and the DeLynn Memorial Golf Classic in August.

In 2021, your support for the Foundation helped raise a total of \$174,000. In July, \$78,000 was allocated to the Scholarship funds and in August, \$96,000 for the MONARCH robotic device. In 2022, \$173,000 was raised, \$76,000 was directed to the

Colleague Support Fund and \$97,000 to the Greatest Needs Fund.

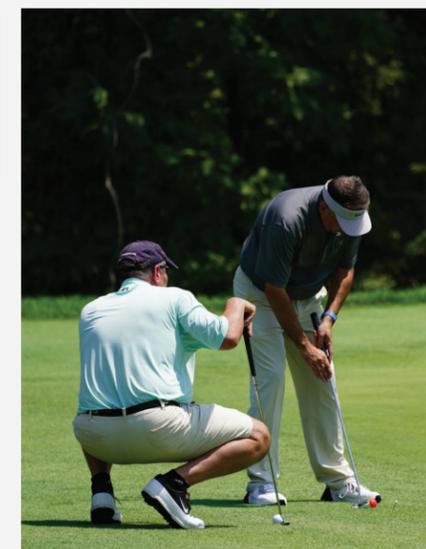
Thank you to our participants, sponsors, and volunteers for making our golf classics a huge success. Your support makes the difference for patients, colleagues and the community.

Save your spot for 2023 golf classics by contacting Luella Gunter at gunterl@monhealthsys.org.

[CLICK HERE FOR MORE](#)

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Eight Local & National Grant Programs Support MHMC

From January 2021 to December 2022, the Foundation has been awarded nearly \$700,000 through grants and charitable giving programs. For this, we extend our gratitude to the following:

- Hazel Ruby McQuain Charitable Trust
- CONSOL Cares Foundation
- Truist West Virginia Foundation
- Skriner Family Foundation
- Milan Puskar Foundation
- Berkshire Hathaway Energy GT&S Charitable Outreach
- Weldon Family Foundation
- National Center for Mental Wellbeing – Workforce Innovations in Integrated Care Learning Collaborative

MONARCH Updates

Since the kick-off of the MONARCH robotic device in August 2021, more than 40 patients have had life-saving lung nodule biopsies performed. This technologically advanced device would not be possible without support from our donors. The Foundation thanks all private donors, CONSOL Cares Foundation, Truist West Virginia Foundation, Subaru Share the Love, and the Skriner Family Foundation for their commitment to keep our communities healthy!

[CLICK HERE FOR MORE](#)

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WEST VIRGINIA JUNIOR COLLEGE & MHMC
COLLABORATE TO CREATE NURSING LAB

The Ron & Stephanie Stovash Mobile Nursing Lab

When mission-driven community partners and individuals work together, nothing is impossible. Mon Health System (MHS) and West Virginia Junior College (WVJC) are collaborating to pursue innovative advancements in healthcare simulation that will provide access to nursing education, for both current MHS nurses and nurses studying at WVJC. This unique approach to training and educating nurses has become a reality through generous donations from Ron and Stephanie Stovash, The Health Plan, and the Hazel Ruby McQuain Trust.

Aptly named the Ron and Stephanie Stovash Mobile Nursing Lab, the simulation center on wheels serves two

main purposes for our Mountain State -- to augment the training of WVJC nursing students (online and in-person) throughout North Central West Virginia, and to train current nurses and other healthcare professionals across Mon Health System. Co-branded by MHS and WVJC, this 38-foot bus is customized with two simulation hospital rooms, high fidelity adult, obstetric and pediatric simulation mannequins, and other vital equipment and supplies for effective nursing skill training.

Not only will this be the first lab of its kind in WV, but the mobility feature will help solve some of our state's healthcare issues, especially in rural

areas. Throughout the state, lack of transportation and access to healthcare and education are known barriers and challenges. This mobile nursing lab will combat many of these challenges by providing training and education access on-site at Mon Health facilities without additional travel for those needing training. For WVJC, the partnership adds a third mobile lab, expanding its hybrid-online nursing program currently offered throughout the state.

The new mobile simulation lab will be modeled after WVJC's current lab which you can tour by [clicking here](#).

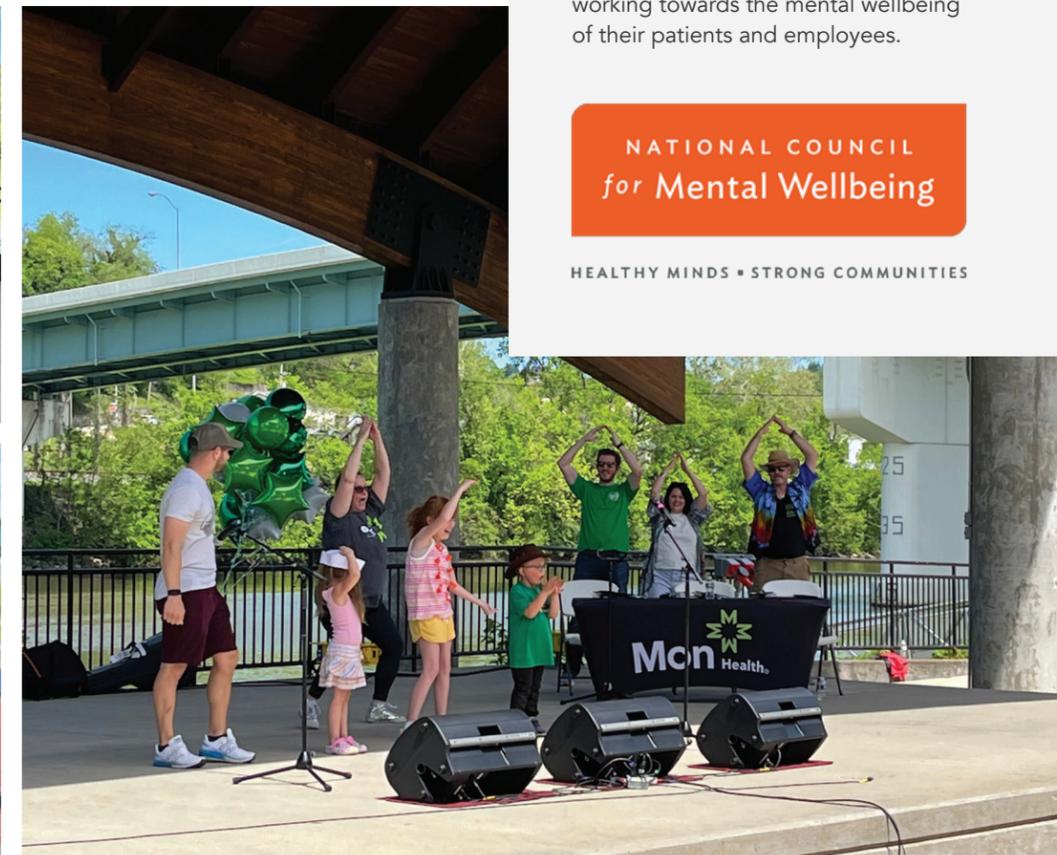
Mon Health's Got Talent!

On the morning of May 11, 2022, Mon Health employees, family and friends geared up for a day of singing, dancing, and lots of smiles at the inaugural Mon Health's Got Talent show, held at the Ruby Amphitheater at Hazel Ruby McQuain Park in downtown Morgantown.

Several employees and board members from across the system showed off their creative talents, from singing to accordion playing! For the second part of the show, three (big-time) Nashville songwriters -- Erik Dylan, Brett Tyler, and Brad Clawson -- entertained the crowd by performing some of their top hits written for country music stars Luke Combs, Florida Georgia Line, Maren Morris, Kenny Chesney, and more. After each song, the songwriter explained the inspiration behind the track and the meaning of our favorite top country hits! The songwriters and audience ended the show with none other than a tribute to Country Roads.

While community and employee attendees enjoyed the showcase, they were also supporting the Colleague Support Fund at Mon Health. All proceeds from the show benefited Mon Health employees who may need extra financial assistance during times of urgent need or crisis. PNC Bank generously donated \$15,000 as our main event sponsor, specifically to support and show gratitude to Mon Health employees in times of crisis. Since the fund's inception in 2020, the Foundation has distributed nearly \$40,000 to employees to ease their financial burden in emergency situations, from car troubles to house fires.

[CLICK HERE FOR MORE](#)



Innovative Mental Health Program at Mon Health Receives National Attention

In Spring 2022, the Progressing Through Postpartum Program (P3) received a \$25,000 grant from the National Council for Mental Wellbeing's Workforce Innovations in Integrated Care Learning Collaborative hosted by the Center of Excellence for Integrated Health Solutions.

P3 was honored to be the only WV organization selected to receive this grant, which was awarded for the innovative integration of technology, easy access and mental health resources provided through P3. The Team participated in three learning collaborative sessions with other grantees to share ideas, feedback, and connect with similar organizations working towards the mental wellbeing of their patients and employees.

NATIONAL COUNCIL
for Mental Wellbeing

HEALTHY MINDS • STRONG COMMUNITIES

THE FOLLOWING SCHOLARSHIPS ARE AWARDED ANNUALLY:

- Arthur & Millicent Gabriel Scholarship
- Bill Hennessey Health Career Scholarship
- Edward & Norma Jean Skiner Scholarship
- Gail W. Cunningham Scholarship
- George D. Hott Scholarship
- Glenn & Susan Adrian Scholarship
- Greg Smajda Memorial Scholarship
- Iris Kapnick Memorial Scholarship
- John Matthew Gay Brown Scholarship
- John Michael Pritchard Scholarship
- Martha Phillips Hupp Scholarship
- Mon Health Medical Center Foundation Scholarship
- Nancy C. & Jerome G. Johnson Scholarship
- Rachel C. Piribek Scholarship
- Robert & Sharon Lynch Scholarship
- Sonya Maset RN, Nursing Scholarships Sponsored by the David Goldberg Family
- Virginia Ann Harris Memorial Scholarship
- Walter G. Hoffman, Jr. & Mary R. Hoffman Scholarship
- Wilma B. Nailler Scholarship



Promoting Healthcare Careers for WV Students

The financial burden of pursuing a healthcare career can create a huge barrier, whether starting school for the first time or furthering your education. For over two decades, the Foundation has awarded more than \$750,000 in Health Career Scholarships to promote healthcare careers in the younger generation and aid current Mon Health System employees seeking growth in their professional career.

Expanding across 13 counties in North Central West Virginia and two counties in southwestern Pennsylvania, 100 students benefit from the scholarship program during the 2021-2022 and 2022-2023 school terms. Forty-five thousand dollars in scholarships were awarded to 45 local students in 2021-2022, and \$68,000 were awarded to 54 local students in 2022-2023. Scholarships awards are between \$1,000 and \$2,500 annually, with selection focusing on academic performance, healthcare

field being pursued and financial need. Applicants send transcripts and complete an application form, and are required to submit a letter describing the why behind their aspiration for a career in healthcare. The “why letters” submitted are not only inspiring, but encouraging for the future generation of healthcare in our state.

The Foundation is honored to have donors that not only support the hospital, but understand the importance of providing the best educational opportunities for the students of West Virginia.

Is there someone in your life that you want to honor with a scholarship in their name? Contact Luella Gunter at 304-598-1889. Know a local student who would benefit from the scholarship program?

 [CLICK HERE FOR MORE](#)

Community Aiding Community

GENMo and the Mon Health Medical Center Foundation partnered together to create a “food town” to donate to The Pantry Plus More. Donations were collected from MHMC employees throughout the month of November 2021 to help those who are food insecure. We appreciate all that our employees do for our community!



Flamingoes Take Over Marion County in October

Throughout the month of October 2022, the Marion County Rescue Squad “flocked” Marion County resident’s yards with pink flamingoes to raise money for breast cancer awareness. Multiple businesses, rescue squad employees, family and friends woke up in October to pink flamingoes placed in their yards, and would go on to pay to “flock” someone else’s yard. The Rescue Squad raised more than \$3,500 for breast cancer and split the donations between Mon Health Cancer Center and WVU Medicine Cancer Center. More than \$1,700 was contributed to the Angel Fund to provide cancer patients wigs, gas cards, meals and other expenses during treatment. Thank you, Marion County Rescue Squad, for raising funds, awareness and having a great time while doing it!

The Oasis Room

Frontline healthcare workers have always been the backbone of Mon Health System. The past few years have been especially challenging for these employees – mentally, physically and emotionally. Burnout and compassion fatigue are very real and Mon Health Medical Center recognizes self-care for employees is vitally important. MHMC is tackling these challenges head on, beginning with the opening of the Oasis Room.

Made possible by a generous donation from Ken Weiss and family, nurses and

other healthcare workers now have a dedicated space to help unwind while at work. Although the room is located at the hospital, the space has been transformed to feel like a far-removed space to provide a quiet and calming retreat. The Oasis Room is equipped with comfortable seating, imitation sky lights, dim lighting, artwork, plants, and a TV for an optimized restful experience.

Patient care is the top priority at Mon Health. Encouraging and providing our healthcare workers with a safe space to care for themselves results in enhanced care for our patients. MHMC is confident that with this addition team

resiliency, burnout rates, and overall staff well-being will improve.

National Hospital Week 2023 is May 7 – May 13. Don’t forget to thank your favorite healthcare worker, always, and follow the [Foundation on Facebook](#) so you can see how to show your support.





It's a bird, It's a plane, It's Stormy!

STORMY, FROM ON EAGLES' WINGS THERAPEUTIC HORSEMANSHIP, HAS BECOME A VERY POPULAR REGULAR AT MHMC.

Stormy is a trained Therapy Miniature Pony from Fairmont, W.Va. Everyone - patients, clinical staff and administration - is happy (and surprised) to see a miniature horse walking through the hospital with her pink glitter shoes. The countdown for Stormy's next visit starts as soon as she leaves campus!



driven

BY COMMUNITY COMMITMENT

Subaru of Morgantown is dedicated to giving back to its community through its Love Promise Community Commitment, partnering with nonprofits and charities. Subaru believes that everyone should have a chance to live a healthy life and have access to quality care. Through that commitment, the MHMC Foundation has been honored to be chosen as a recipient during their "Share the Love" event for many years. In the past two years, Subaru has gifted more than \$23,000 designated to specific hospital initiatives. In 2021, more than \$7,000 was raised for the MONARCH Robotic Device, and in 2022, nearly \$16,000 was raised for the Angel Fund.

Thank you, Subaru of Morgantown, for your generosity and passion for our community.

Subaru believes that everyone should have a chance to live a healthy life and have access to quality care.



New Mammography Fund for Patients

IN HONOR OF BELOVED RETIREE
DR. DARRELL SAUNDERS



Darrell Saunders, MD, Medical Oncologist, recently retired from the Mon Health Cancer Center after more than 42 years of practice in Morgantown, W.Va. Born and raised in Morgantown, Dr. Saunders is not just known for being an incredible doctor, but is also a household name and a mentor to many.

After completing medical school, Dr. Saunders chose to return to West Virginia and serve the community he knew and loved. Patients knew they were receiving the highest quality of care when they were in Dr. Saunders' exam room. Many times, his patients would reflect on when he treated their family members and friends. He treated generations of patients within the same families because he made a huge impact on all of their lives. Dr. Saunders' colleagues also sing his praises for his ability to teach, inspire, mentor, and form honest, respectable relationships with everyone he meets.

How do you properly honor a man who has dedicated his life to his patients and community, saved countless lives, and has

an energy that cannot be replicated? At the 2022 Annual Ball of the Year, the Dr. Darrell Saunders Mammography Fund was announced to honor his legacy. Dr. Saunders was an advocate for staying on schedule with mammograms and pushed for early detections and screenings. To recognize his longstanding fight against breast cancer in our community, this fund was established to allow women with a lack of insurance or financial limitations to have access to critical, life-saving breast screenings and early detections.

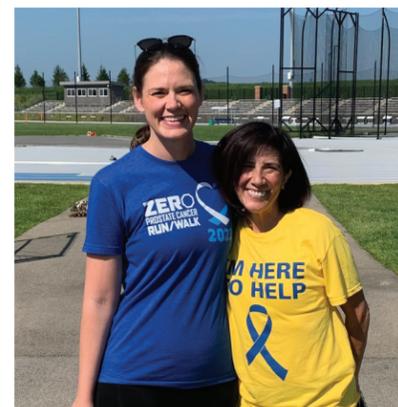
Dr. Saunders is a true representation of Mon Health within our area for generations, has made a lasting impact on his patients, coworkers, and friends.

MHMC Joins the Fight to End Prostate Cancer

Every year, more than 1,500 men are diagnosed with prostate cancer in West Virginia. This disease takes the life of an American man every 15 minutes. In August of 2022, Mon Health joined the fight against prostate cancer by hosting the first ZERO Prostate Cancer Run/Walk in West Virginia. The race is part of a national event series, and Morgantown joined nearly 50 communities as part of the nation's only event series dedicated to addressing prostate cancer. Spearheaded by the Mon Health Medical Center Auxiliary, the run/walk promotes disease awareness, educates men about their risks, and raises critical funding to support prostate cancer patients, survivors, caregivers, and families.

Leading up to the event, Mon Health held a Urologist Bartender Challenge at Bartini Prime in Morgantown. Mon Health urologists competed against PA-C's to see who could raise the most funds to benefit prostate cancer. On the morning of Sunday, August 28, more than 100 community members walked and ran to show their support for the cause. Survivors and caregivers were honored and recognized for their strength and resilience. From the bartender challenge and run/walk, Mon Health raised more than \$50,000 to benefit prostate cancer.

One in eight men will be diagnosed with prostate cancer during his lifetime, especially men age 50 and over. Schedule a screening today with a Mon Health urologist -- you'll have ZERO regrets.



Supporting Our Cancer Patients

EASING THE JOURNEY OF THOSE IN NEED

At MHMC, every dollar donated is appreciated and allocated to our greatest need. The Angel Fund, used specifically to assist cancer patients, is the perfect example.

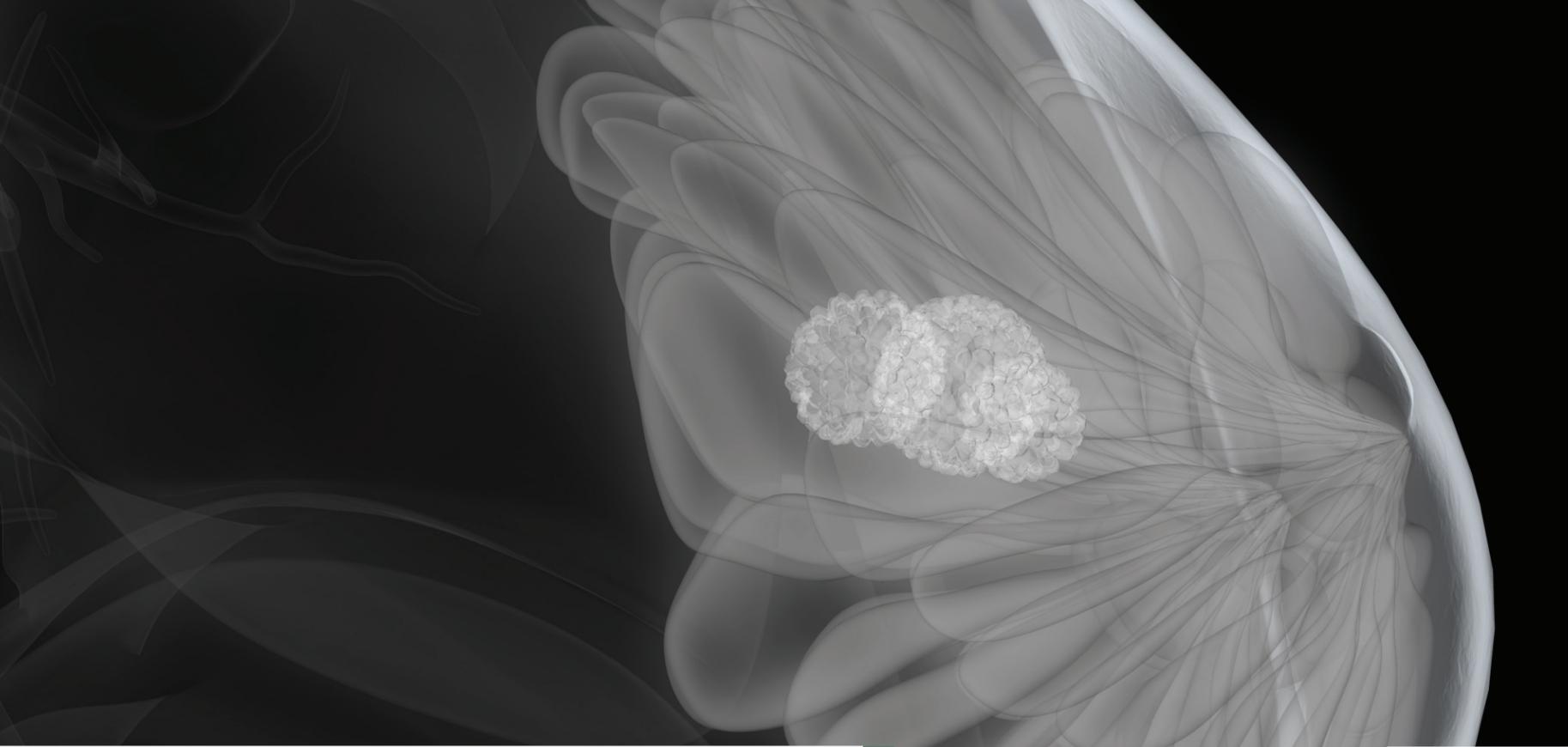
In 2022:

- Lodging was provided to more than 20 patients
- Gas cards were allocated to more than 120 patients
- Meal tickets were provided to 1500 - plus patients and their families
- Rent assistance was allotted to patients who could not work due to their cancer treatments.

A single donation of \$25 provides a gas card to a patient who would otherwise not be able to afford to drive to MHMC for cancer treatment. Any and all donations are valued and donated to patients with gratitude. YOUR dollar makes the difference.

[CLICK HERE FOR MORE](#)





Mon Health Preston Memorial Hospital 3D Mammo

ADVANCED MAMMOGRAPHY TECHNOLOGY TO SAVE LIVES EARLIER

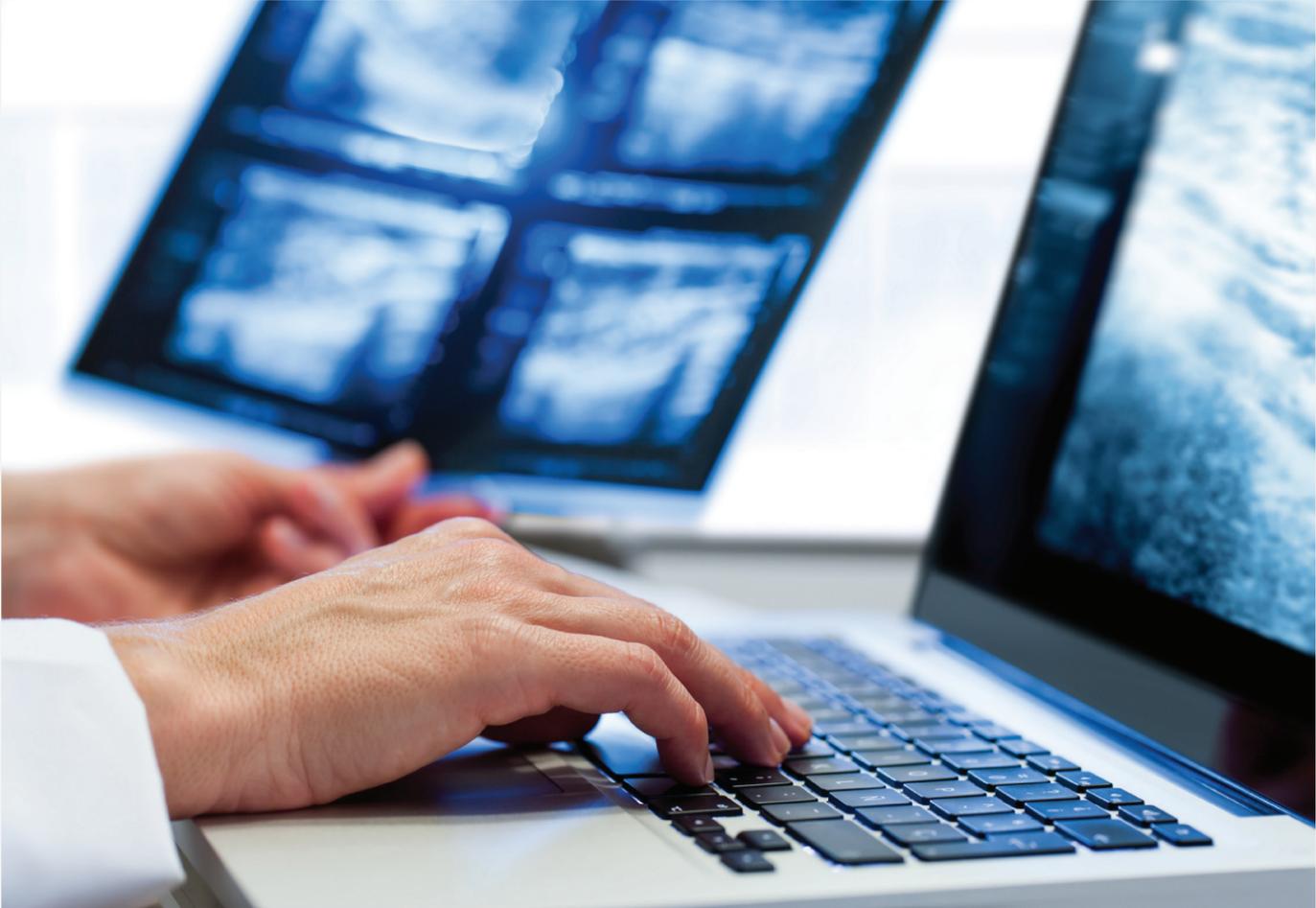
Mon Health Preston Memorial Hospital is using the latest in digital technology to capture the most accurate breast cancer imaging for its patients. Through the generous support of the Preston Memorial Hospital Foundation, a Genius 3D Mammography device was purchased. The “Genius” takes multiple images, or x-rays of breast tissue to recreate a 3-dimensional picture for earlier detection and to identify more types of breast cancer. The device not only collects more detailed information

than a 2D mammogram, but allows Preston County residents to receive advanced patient care in the comfort of their own community.

In May 2022, the first patient to received the 3D Mammography. Due to less wait times, faster results, and convenience to home, PMH’s Diagnostic Imaging Team has noticed a positive change. In less than eight months, mammography appointments are up by 30 percent compared to 2021 breast exam data.

The American Cancer Society recommends that women ages 40-54 to receive a yearly mammogram, and those ages 55 and older receive one at least every two years. To schedule a 3D Mammogram at Preston Memorial Hospital, please call 304-329-4713.

If you would like to support the 3D Mammography fund at PMH Foundation, please [click here](#).





Mon Health Stonewall Jackson Memorial Hospital Celebrates 50 Years of Quality Patient Care

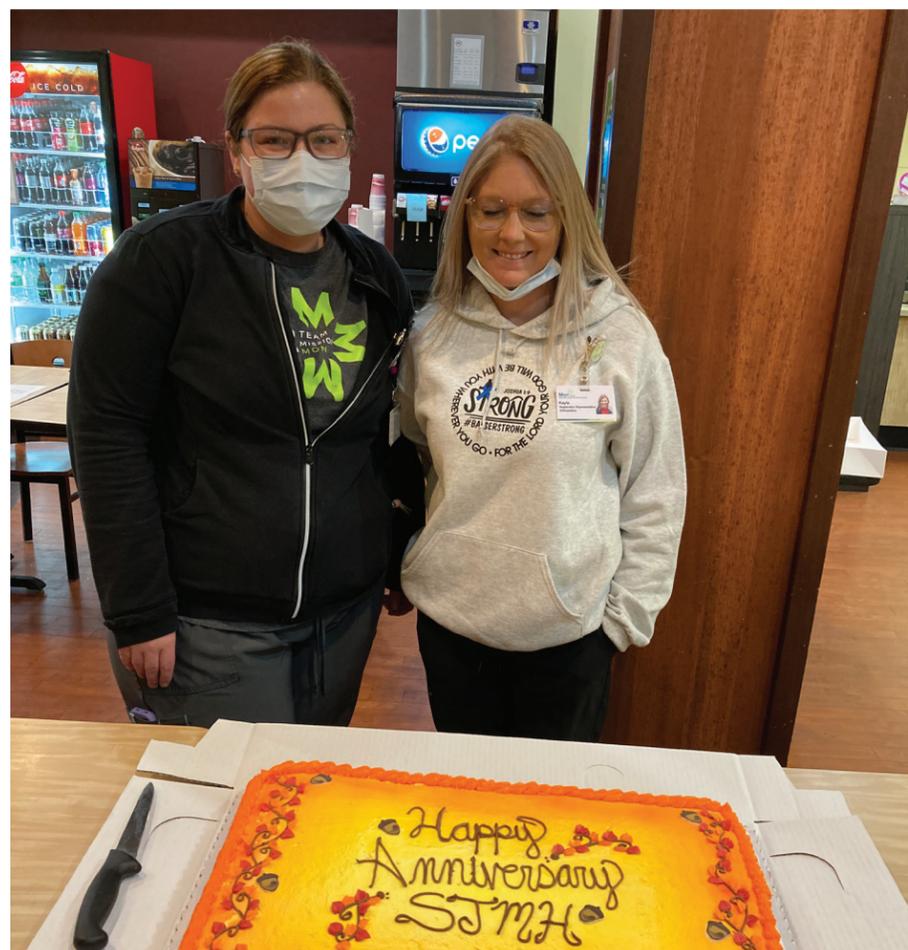
In November 2022, Mon Health Stonewall Jackson Memorial Hospital (SJM), celebrated 50 years of providing local, quality, and safe care for patients in Lewis County. A ribbon cutting ceremony was held to mark the anniversary. SJMH has a special and compelling beginning that proves that when community comes together, good things can happen. In the late 1950s, several citizens and hospital staff saw the need for a more modern healthcare facility. The project was spearheaded by a fundraising company, but the community got involved and raised more than \$500,000 within a two-month period. Five hundred thousand dollars would equate to well over five million in purchasing power in 2022. This is a very impressive

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feat that could not have happened without Lewis County residents, organizations, churches, and schools who were involved in the effort. Support from surrounding counties, state, and federal grant money, and a \$1.936 million grant from the US Economic Development Administration were also utilized for the completion of the hospital. For the past 50 years, SJMH has prided itself on providing high-quality, accessible, and safe patient care to residents across the region. This practice continues on at SJMH, and the State of West Virginia is noticing. For the second year in a row, SJMH has been recognized as the only

hospital in the state to achieve a Five-Star Overall Hospital Quality rating from the Centers for Medicare and Medicaid Services. SJMH was also the only hospital in the state to be named one of the nation's Top 100 Safety Net Hospitals by the Lown Institute at number 56, U.S. News & World Report's Top Hospital for Patient Experience, the only regional hospital and 24th in the country to receive the HeartCARE Center Designation by the American College of Cardiology, and the only hospital in W.Va. to receive an 'A' Hospital Safety Grade from The Leapfrog Group for four years in a row.

Lewis County residents and surrounding communities have trusted and chosen SJMH for 50 years because of its devotion to its patients and reliability for the highest quality patient care and reputation of safety. Here's to the next 50 years serving YOU!



Trottin' for a Reason

Preston Memorial Foundation Turkey Trots have become a Preston County tradition. Community members and staff show their support by participating on cold November morning run/walks (some even dress up as turkeys!), cheering on runners, and/or donating prizes for the annual raffle. Getting in your steps and supporting a great cause is the reason for the season!

The 2nd Annual Turkey Trot in 2021 was held at the Preston High School track, raising more than \$1,800 for the purchase of the 3D Mammography device. The 3D Mammogram was bought and integrated into breast exams by May of 2022. Appointments started to increase substantially and PMH staff wanted to ensure everyone in their community could be properly screened, regardless of financial status. To expand on that need, the 3rd Annual Turkey Trot in November 2022 raised more than \$1,000 for the 3D Mammography Fund to support patients with the cost of diagnostic breast services.

[CLICK HERE FOR MORE](#)



Mon Health Stonewall Jackson Memorial Hospital Receives Federal Funding for Vital Cardiac Care

IN EARLY 2022, MON HEALTH STONEWALL JACKSON MEMORIAL HOSPITAL RECEIVED A \$64,200 U.S. DEPARTMENT OF AGRICULTURE (USDA) GRANT FROM THE RURAL DEVELOPMENT EMERGENCY HEALTH CARE GRANT PROGRAM TO HELP BROADEN ACCESS TO RURAL HEALTHCARE SERVICES.

This grant was received through the collaborative efforts of the MHMC Foundation and SJMH's IT Department.

In October of 2021, an IT Project Manager reached out to the Foundation's Executive Director about a need at SJMH. He had heard about the USDA grant program and suggested that SJMH would need new patient monitoring equipment to continue giving the highest quality of care to its patients. This individual, while not in a clinical setting, was able to observe and pinpoint the future need long before an issue occurred. This collaboration is what a community hospital is all about; you don't just receive quality care from those

at your bedside - there are people behind the scenes who are looking out for your best interests as well.

Because of this observation and teamwork, 20 patient vital sign monitors were purchased and put into use in July 2022 through the USDA grant. Vital sign monitors are used to gathering data from the patient and assist medical professionals in evaluation and treatment. These devices are critical in the Emergency Department, Acute Care Department and Intensive Care Unit for accurate information. With these devices, patients in critical condition are able to be closely monitored by measuring vital signs, including oxygen saturation, carbon dioxide, arterial pressure, and the heart's rhythm and electrical activity through an Electrocardiogram.

This grant program by the USDA is working to make rural healthcare services accessible for all, and SJMH is leading the way.



WEST VIRGINIA CONGRESSIONAL DELEGATION MAKES IT POSSIBLE FOR PRESTON REGIONAL PATIENTS TO GET CHEMOTHERAPY

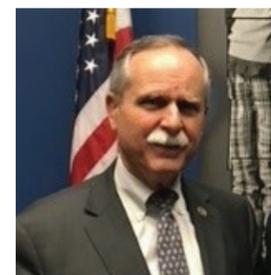
close to home



SENATOR JOE MANCHIN



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Access to healthcare in remote rural West Virginia typically turns into a whole day affair. Travel to and from, usually an hour or more on secondary roads, aligning appointments to avoid multiple days of travel, and sometimes staying in a hotel depending on the time of an appointment. Mon Health Preston Memorial Hospital recognizes these barriers every day, especially for their patients battling cancer.

In West Virginia, cancer remains one of the leading causes of death. Early diagnosis and treatment, often through chemotherapy and surgery, are crucial for life-extending therapies. In Preston County, patients had no other option but to leave the region to undergo chemotherapy treatment, away from their families, friends, and community. During such a difficult time in their lives, patients should be able to focus on getting healthy, not on how or where they will receive treatment.

In the Spring of 2022, Preston Memorial Hospital received news that would finally give county residents the quality care they deserved -- and it would be right down the street. A brand new, full-service chemotherapy infusion center at PMH in Kingwood! Due to the efforts of the West Virginia Congressional delegation, \$580,000 in federal appropriations were secured to construct a new Chemotherapy Infusion

Center and renovate the existing hospital pharmacy. U.S. Senators, Joe Manchin and Shelley Moore Capito, and U.S. Representative, David McKinley, were instrumental in the approval process. Through their support and advocacy, patients will now have access to much-needed, customized chemotherapy services in a familiar setting near home.

Instead of focusing on the burden of their disease, this new center will allow patients to concentrate on one thing: healing. The Preston community will also feel the difference; the addition will enhance local awareness of cancer prevention and treatment options AND create short-term jobs while adding five new full-time or part-time positions. The Chemotherapy Infusion Center and expansion of the pharmacy will host a nurses' station, waiting area, two private rooms, open space for infusion chairs, an observation room, and a private bathroom, along with a hazardous drug compounding room, anteroom, and hazardous drug storage.

Enhanced patient care is, and always will be, a top priority throughout Mon Health System. We are proud to expand our cancer care services for you, your families, and your friends in Preston County and surrounding counties.

Interested in contributing to the growth of these services? Please contact Luella Gunter at 304-598-1889.

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- Leapfrog Grade B Safety Hospital
- First Baby-Friendly Hospital in WV
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- Center of Excellence for Robotic Surgery
- Center of Excellence in Minimally Invasive Gynecology
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Cardiology

- Achieved ACC Atrial Fibrillation EPS (Electrophysiology Services Accreditation)
- Achieved ACC HeartCARE Center National Distinction of Excellence
- Achieved ACC Chest Pain PCI Accreditation (9th Year in a Row)
- Invited to participate in an exclusive clinical trial of the Watchman™ device
- Achieved IAC National Accreditation for Echocardiography
- HeartFlow CT Quality Award

Preston Memorial Hospital

- Acute Stroke Ready Hospital Certification by The Joint Commission (1st in WV)
- Gold Recipient of the 2022 WVHA Commitment to Excellence Honors Program
- Designated Bariatric Center of Excellence through the MBSAQIP
- IAC Accreditation for Ultrasound/Echo
- AACVPR Cardiac Rehab Accreditation

Stonewall Jackson Memorial Hospital

- Acute Stroke Ready Hospital Certification by DNV
- Silver Recipient of the 2022 WVHA Commitment to Excellence Honors Program
- CMS 5-Star Hospital
- Leapfrog Grade B Safety Hospital
- Baby-Friendly Hospital
- CMS Value-Based Purchasing - Net Recipient, Improving Each Year
- The Joint Commission Accredited, Including Lab
- Top 100 Safety Net Hospital by Lown Institute

All Hospitals

- WWOEMS Level IV Trauma Designation
- Sleep Lab Accredited by the AASM



HOSPITALS

- 1 Mon Health Medical Center
- 2 Mon Health Preston Memorial Hospital
- 3 Mon Health Stonewall Jackson Memorial Hospital
- 4 Mon Health Marion Neighborhood Hospital
- 5 Grafton City Hospital, Affiliate
- 6 Minnie Hamilton Health System, Affiliate
- 7 Highland-Clarksburg Hospital, Affiliate

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- 8 Mon Health Hazel Ruby McQuain Family Birth Center
- 9 Mon Health Zeldia Stein Weiss Cancer Center
- 10 Mon Health Heart & Vascular Center
 - 11 Weston, 12 Elkins, 13 Fairmont, 14 Grafton, 15 Kingwood, 16 Morgantown, 17 McHenry, MD
- 18 Mon Health Center for Outpatient Surgery

IMMEDIATE & URGENT CARE

- 34 Mon Health Wedgewood Primary Care & Psychiatry (Westover/Gateway)
- 35 Mon Health Preston Urgent Care (Reedsville)
- 36 Mon Health Stonewall Primary Care (Weston)

○ = Additional ambulatory clinics. For more information, visit MonHealth.com

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- 19 Core (1 Location)
- 20 Fairmont (1 Location)
- 21 Fellowsville (1 Location)
- 22 Grafton (1 Location)
- 23 24 25 Kingwood (3 Locations)
- 26 27 28 29 Morgantown (4 Locations)
- 30 31 32 Weston (3 Locations)
- 33 Buckhannon (1 Location)

HOSPITAL SERVICE & SUPPORT LINES

1 Mon Health Medical Center

- Cardiac Rehabilitation
- Cardiology
- Cardiothoracic Surgery
- Critical Care
- Dermatology
- Diabetes Learning Center
- Diagnostic Imaging/Radiology
- Emergency Medicine
- Gastroenterology
- General Surgery
- GI Endoscopy
- Gynecologic Oncology
- Infectious Disease
- Infusion
- Laboratory
- Medical Oncology
- Neurology
- Obstetrics/Gynecology
- Oculofacial Surgery
- Ophthalmology
- Oral and Maxillofacial Surgery
- Orthopedics & Sports Medicine
- Pain Management
- Plastic Surgery
- Podiatry
- Psychiatric Care
- Pulmonary Rehabilitation
- Pulmonology
- Radiation Oncology
- Rheumatology
- Robotic Surgery
- Sleep Medicine
- Substance Abuse Treatment
- Telehealth
- Urogynecology
- Urology
- Vascular Surgery
- Vein Care
- Wound Care

2 Mon Health Preston Memorial Hospital

- Aquatic Therapy
- Bariatrics
- Cardiac Rehabilitation
- Cardiology
- Cosmetic Surgery
- Critical Care
- Diagnostic Imaging/Radiology
- Emergency Medicine
- General Surgery
- GI Endoscopy
- Gynecology
- Infusion
- Laboratory
- Neurology
- Oncology
- Orthopedics & Sports Medicine
- Physical & Occupational Therapy
- Podiatry
- Pulmonary Rehabilitation
- Pulmonology
- Sleep Medicine
- Substance Abuse Treatment
- Swing Bed Program
- Telehealth
- Transitional Care/Skilled Nursing
- Urology
- Vascular Surgery
- Vein Care
- Wound Care

3 Mon Health Stonewall Jackson Memorial Hospital

- Cardiac Rehabilitation
- Cardiology
- Critical Care
- Diagnostic Imaging/Radiology
- Emergency Medicine
- General Surgery
- GI Endoscopy
- Infusion
- Laboratory
- Medical Oncology
- Obstetrics/Gynecology
- Ophthalmology
- Orthopedics & Sports Medicine
- Physical Therapy
- Pulmonary Rehab
- Pulmonology
- Sleep Medicine
- Substance Abuse Treatment
- Telehealth
- Urology
- Vascular Surgery
- Vein Care
- Wound Care

4 Mon Health Marion Neighborhood Hospital

- Diagnostic Imaging/Outpatient Radiology
- Emergency Medicine
- Laboratory

7 Highland-Clarksburg Hospital, Affiliate

- Behavioral Health Services
 - Adult Forensic Commitments
 - Adult Civil Commitments

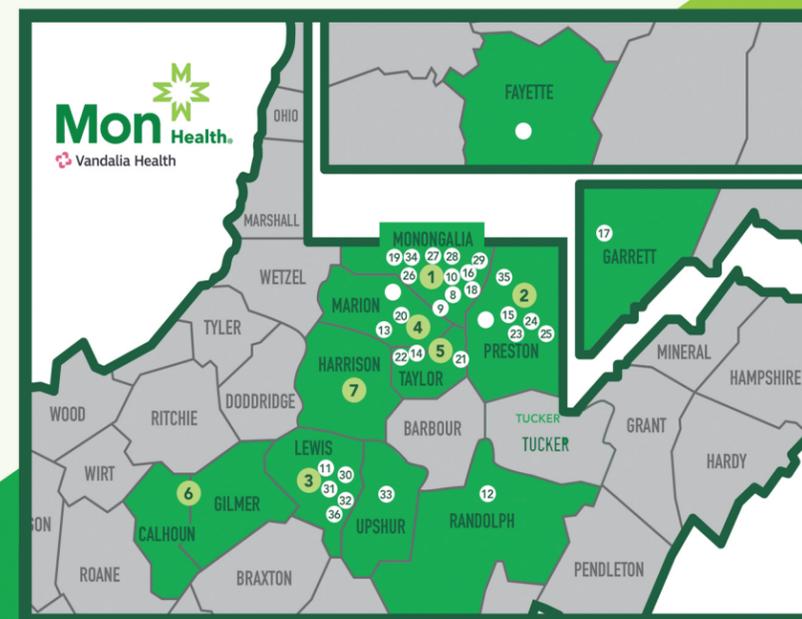
6 Minnie Hamilton Health System, Affiliate

- Behavioral Health
- Dental
- Emergency Medicine
- General Surgery
- Gynecology
- Infusion Therapy
- Laboratory
- Long-term care
- Occupational Therapy
- Orthopedics
- Pharmacy
- Physical Therapy
- Pulmonary & Cardiac Rehab
- Radiology
- Respiratory Therapy
- Speech Therapy
- Substance Abuse Treatment
- Wound Care

5 Grafton City Hospital, Affiliate

- Behavioral Medicine
- Cardiology
- Cardiopulmonary
- Critical Care
- Diagnostic Imaging/Radiology
- Emergency Medicine
- General Surgery
- Gynecology
- Infusion
- Laboratory
- Nephrology
- Orthopedics & Sports Medicine
- Physical Therapy
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- Rehab & Fitness
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- Substance Abuse Treatment
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- Transitional Care/Skilled Nursing

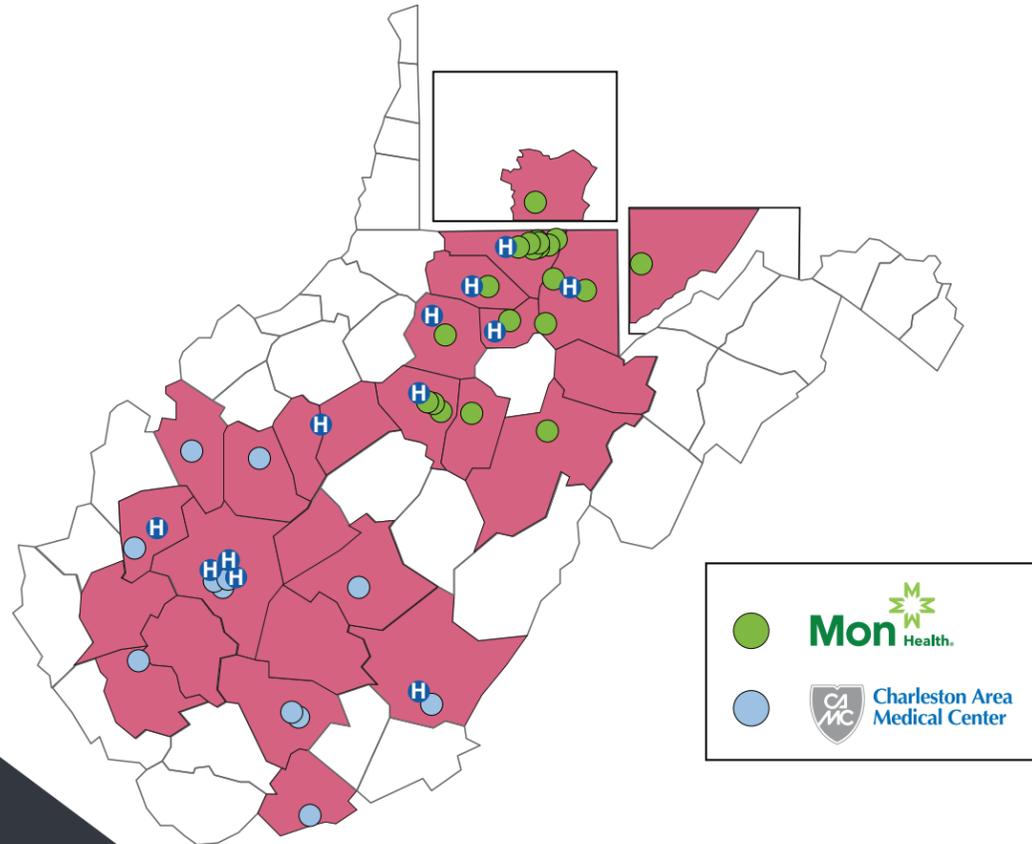
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